



# **JKK MUNIRAJAH INSTITUTE OF HEALTH SCIENCES COLLEGE OF PHARMACY**

( Approved by Tamil Nadu Govt. & Pharmacy Council of India - New Delhi, Affiliated to The Tamil Nadu Dr. M.G.R Medical University, Chennai )  
Thoonaickenpalayam, Gobichettipalayam (TK), Erode (DT) - 638506, Tamil Nadu.

# **LIFE SKILLS ACADEMIC YEAR 2022 - 2023**



# JKK MUNIRAJAH INSTITUTE OF HEALTH SCIENCES COLLEGE OF PHARMACY

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Thookanaickenpalayam, Gobichettipalayam (TK), Erode (DT) - 638506, Tamil Nadu.

Date: 15.11.2022

## CIRCULAR

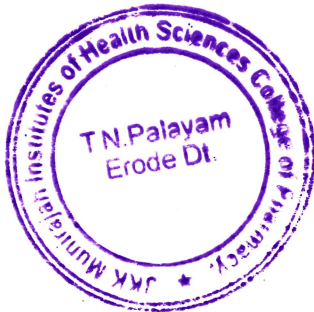
To

All the second year B. Pharm students concerned,

This is to inform you that a seminar is scheduled on Soft Skills Program entitled "**Fit and Fabulous: Achieving Peak Physical Fitness**". The program will be conducted by the Department of Pharmaceutical Chemistry at JKK MUNIRAJAH INSTITUTE OF HEALTH SCIENCES COLLEGE OF PHARMACY and will commence as per the schedule.

DATE	VENUE	RESOURCE PERSON
24.11.2022	JKKMIHSCP Seminar Hall	Ms. Mariya Anusiya, B.Sc (Psychology), Diploma in Yoga., Yoga Teacher, Chaithanya School, Coimbatore, Tamilnadu.

Those who are interested are instructed to enrol your names to  
DR.P. Mohanraj, M. Pharm., Ph. D, Professor, Department of Pharmaceutical Chemistry.



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College of Pharmacy, T.N. Palayam,  
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**COLLEGE OF PHARMACY**

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T.N.Palayam, Gobi (TK), Erode (Dt) - 638506

Cordially invite you to the Seminar with special focus on

**"FIT AND FABULOUS: ACHIEVING PEAK  
PHYSICAL FITNESS"**

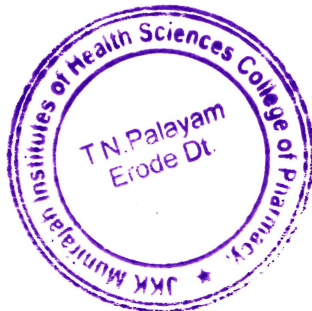


**TUESDAY**

24 November 2022

Principal

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College of Pharmacy, T.N.Palayam,  
Gobi (Tk), Erode (Dt) - 638 506



**SPEAKER**

**Ms. Mariya Anusiya,**  
Chaithanya school,  
Coimbatore.

**VENUE**

**SEMINAR HALL, JKKMIHSCP**



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**Title: Fit and Fabulous: Achieving Peak Physical Fitness**

## **RESOURCE PERSON PROFILE**

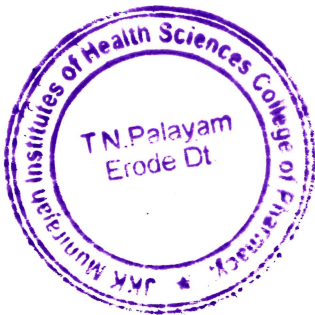


**Ms. Mariya Anusiya, B.Sc (Psychology), Diploma in Yoga.,  
Yoga Teacher,  
Chaithanya School,  
Coimbatore, Tamilnadu.**

**Mail.id: [Anuarputharaj17@gmail.com](mailto:Anuarputharaj17@gmail.com)**

**Conduct Number: 9360358324**

She completed a B.Sc in Psychology in August 2016 from Annamalai University, Chidambaram, India. She also obtained a postgraduate diploma in Yoga from Annamalai University, Chidambaram, India, in May 2018. She currently works as a Yoga Teacher at Chaithanya School, Coimbatore, and has 4 years of teaching experience.



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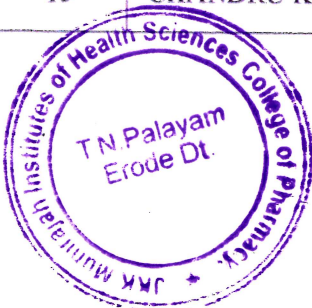
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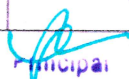
## LIST OF STUDENTS ENROLLED

**Topic:** Fit and Fabulous: Achieving Peak Physical Fitness

**Resource Person:** Ms. Mariya Anusiya, B.Sc (Psychology), Diploma in Yoga., Yoga Teacher,  
Chaithanya School, Coimbatore, Tamilnadu.

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12	ARUNRAJ K	560021516512	
13	BHARATHKANNAN M	560021516513	
14	CHANDRU A	560021516514	
15	CHANDRU K	560021516515	



  
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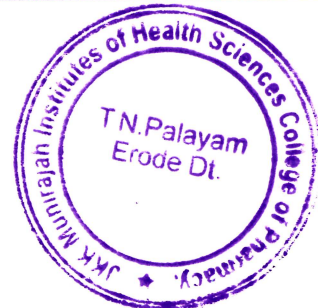
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32	HARINIVAS V	560021516532	
33	HARINI K	560021516533	
34	HEMALATHA V	560021516534	

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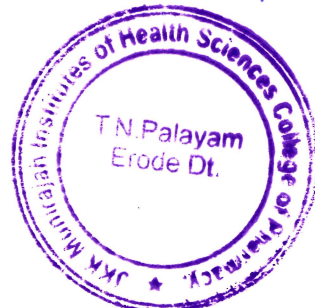
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49	MANOJ J	560021516549	
50	MARUDHUPANDIYAN S	560021516550	
51	MEHAVARSHINI K	560021516551	
52	MELBIN J	560021516552	

  
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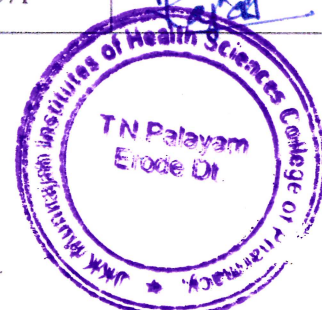
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57	MOORTHY M	560021516557	
58	MUNESWARAN I	560021516558	
59	NAVANEETHAKRISHNAN J	560021516559	
60	NISHA K	560021516560	
61	NITHISHKUMAR.R	560021516561	
62	NITHYAKEERTHI R	560021516562	
63	PARASURAMANT	560021516563	
64	PARTHIPAN M	560021516564	
65	PAVITHRA S	560021516565	
66	PRASANNA S	560021516566	
67	PRATHAP P	560021516567	
68	PRITHIVIRAJ V	560021516568	
69	RAGUL P	560021516569	
70	RAJKUMAR M	560021516570	
71	RAJESHKANNAN R	560021516571	

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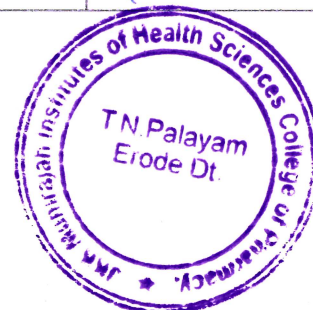
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72	RANJANI V	560021516572	Ranjani
73	RITHIKADEVIN	560021516573	Rithika
74	SANJEEVI T	560021516574	Sanjey
75	SARANYA G	560021516575	Sany
76	SARVESHWARAN S	560021516576	Sarvesh
77	SATHIYAPRIYA M	560021516577	Sathyapriya
78	SELVARAJA V	560021516578	Selvaraj
79	SELVASURYA K	560021516579	Selva
80	SHALINI S	560021516580	Shalini
81	SHAVEETHA A	560021516581	Shaveetha
82	SHIBI S R	560021516582	Shibi
83	SINDHU R	560021516583	Sindhu
84	SIRANJIVI D	560021516584	Siranjivi
85	SIVAPRAKASH M	560021516585	Sivaprakash
86	SNEKA K	560021516586	Sneka
87	SOWMIYASRI S	560021516587	Sowmiya
88	SUGANTHAN M	560021516588	Suganthan
89	SWETHA S	560021516589	Swetha
90	TAMILSELVAN G	560021516590	Tamilselvan

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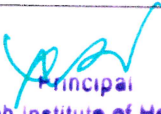




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91	TAMIZHSELVAN M	560021516591	Tamil
92	THIRISHA T	560021516592	Thirisha T
93	VAISHNAVI G	560021516593	G. Vaishnavi
94	VALLARASU M	560021516594	Vallarasu M
95	VARUN K	560021516595	Varun K
96	VASANTH R	560021516596	Vasanth R
97	VASANTHAKUMAR A	560021516597	A. Vasanth
98	VINEETHKUMAR S	560021516598	S. Vineeth Kumar
99	YUVARAJ M	560021516599	Yuvaraj M
100	VIGNESHKUMAR S (L.E)	PHA22230182	Vignesh
PROGRAM COORDINATOR SIGNATURE			J. K. J.

  
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## STUDENTS ATTENDANCE SHEET

ACADEMIC YEAR (2022- 2023)

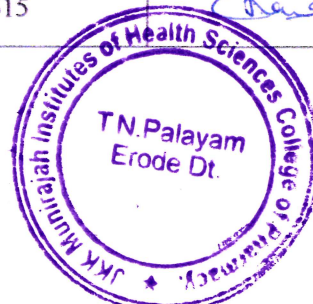
**Topic:** Fit and Fabulous: Achieving Peak Physical Fitness

**Date:** 24.11.2022

**Resource Person:** Ms. Mariya Anusiya, B.Sc (Psychology), Diploma in Yoga., Yoga Teacher,  
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14	CHANDRU A	560021516514	Chandru A
15	CHANDRU K	560021516515	Chandru K

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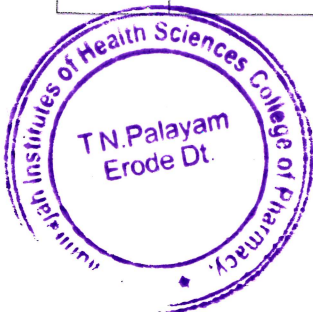




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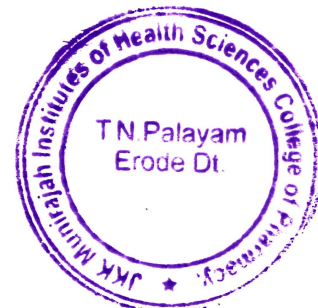
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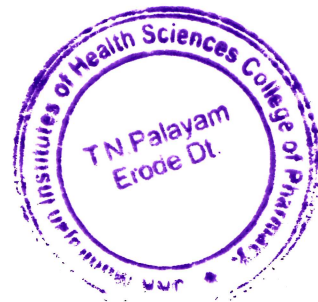
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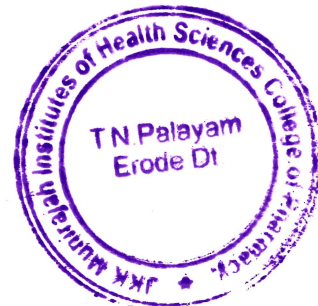
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85	SIVAPRAKASH M	560021516585	Sivaprakash
86	SNEKA K	560021516586	Sneka
87	SOWMIYASRI S	560021516587	Sowmya
88	SUGANTHAN M	560021516588	Sugantha
89	SWETHA S	560021516589	Swetha
90	TAMILSELVAN G	560021516590	Tamil

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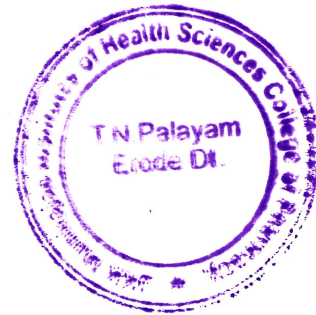
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S. NO	NAME	REGISTRATION NUMBER	SIGNATURE
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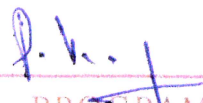



# JKK MUNIRAJAH INSTITUTE OF HEALTH SCIENCES COLLEGE OF PHARMACY




## Certificate of Participation

This is to certify that Mr/Ms <sup>^</sup>.....HARINI .K..... of II-B.PHARM..... has participated in the seminar on the topic “Fit and fabulous: Achieving peak physical fitness” conducted by Department of Pharmaceutical Chemistry, JKK Munirajah Institute of Health Science College of Pharmacy, TN palayam on 24/11/2022.

  
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