



JKK MUNIRAJAH INSTITUTE OF HEALTH SCIENCES COLLEGE OF PHARMACY

(Approved by Tamil Nadu Govt. & Pharmacy Council of India - New Delhi, Affiliated to The Tamil Nadu Dr. M.G.R Medical University, Chennai)
Thookanaickenpalayam, Gobichettipalayam (TK), Erode (DT) - 638506, Tamil Nadu.

5.1.2 – SOFT SKILLS

ACADEMIC YEAR

2022- 2023



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PROGRAM REPORT

A SEMINAR ON SOFT SKILLS TRAINING PROGRAM

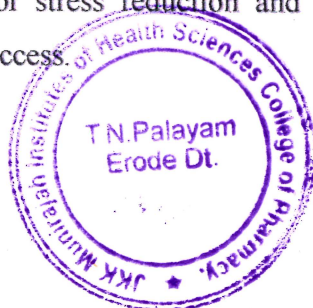
Name of the Program	Title of the Program	Date of the Program	Name of the coordinator of the Program	Number of Participants	Name of the expert with Designation
Seminar (Soft Skill)	"Personal and Professional Growth through Soft Skills."	02.12.2022	DR.(Mrs). S. Ganthimathi, M. Pharm, Ph.D., Associate Professor, Department of Pharmacognosy, JKKMIHSCP, T.N. Palayam.	49	Mr. R. Hamash, M. Pharm., Production Executive, Maiva Pharma Limited, Hosur.

The program was planned and conducted on 02.12.2022 by Mr. R. Hamash, Maiva Pharma Limited, Hosur. It was held for all the Pharm.D students. This program was a remarkable success, achieving its goals of equipping participants with essential soft skills for their personal and professional journeys. The program underscored the vital role of soft skills in today's world and provided participants with actionable strategies to foster their growth. It serves as a testament to the importance of continuous soft skills development in one's quest for success and personal fulfillment.

PROGRAM OUTCOMES

- Leadership Development:** The program emphasized the role of soft skills in effective leadership. Students learned how qualities like empathy, adaptability, and effective delegation can make them better leaders.
- Goal Setting and Time Management:** Participants were equipped with techniques for setting and achieving personal and professional goals. Time management skills were also emphasized to help students balance their responsibilities effectively.
- Stress Management:** The program addressed the importance of managing stress in today's fast-paced world. Students learned techniques for stress reduction and resilience building, which are vital for personal well-being and professional success.

S. Ganthimathi
PROGRAM COORDINATOR





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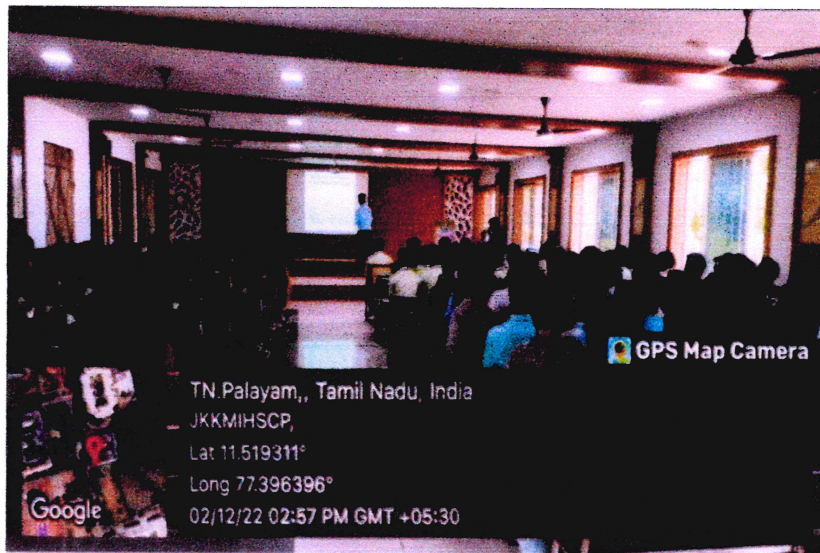
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Soft Skill /Seminar

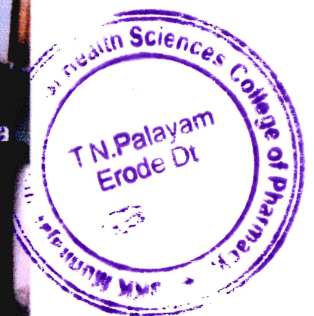
Topic: Personal and Professional Growth through Soft Skills.

Date: 02.12.2022

Resource Person: Mr. R. Hamash, M.Pharm., Production Executive at Maiva Pharma Limited, Hosur.



Seminar Topic: Personal and Professional Growth through Soft Skills. on 02.12.2022



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Principal

JKK Munirajah Institute of Health Sciences
College of Pharmacy, T.N. Palayam
Gobi (TK), Erode (Dt) - 638 506

Seminar Topic: Personal and Professional Growth through Soft Skills. on 02.12.2022